MOVING STATUES

This is a quiet movement game that helps to build body awareness, balance, coordination, stillness and patience.

Ages: 6-10
Number of Players: 4+
Time: 15-30 minutes
What you'll need: Open floor space

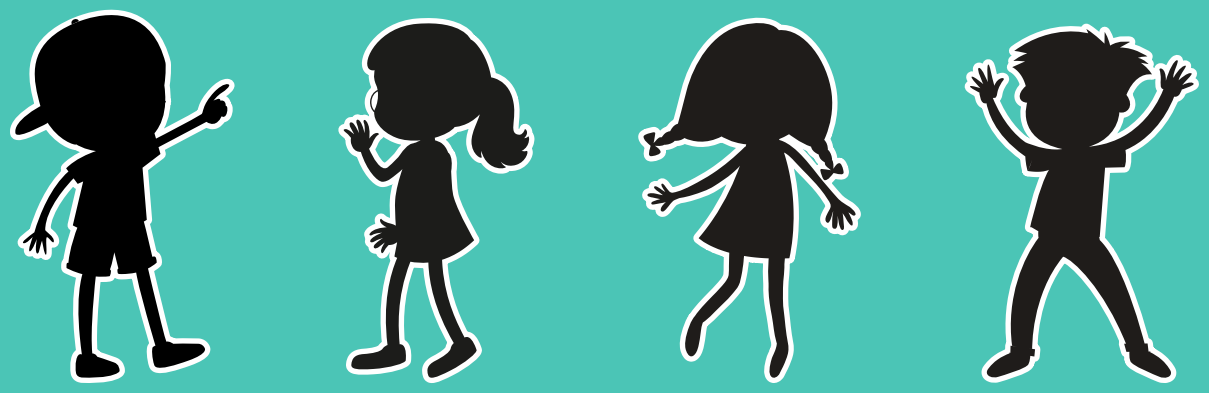
HOW TO PLAY

1. One person is picked to be the museum guide and leaves the room to count to 20. The players then spread out and pose like a statue.

2. The museum guide comes back into the room, walks around and watches for the statues to move. The statues can move position as quietly as possible when the guide isn't watching them.

3. When the museum guide spots someone moving, that player sits down.

4. The game is over when there's one statue left. The last remaining statue gets to be the museum guide next.



OPTIONS

Try posing in only yoga positions, for example Tree, Warrior, Chair, etc.