

# Who is the Leader?

This is a playful movement game that helps to build leadership, creativity, body awareness, awareness of our surroundings, and patience.

**Ages:** 8-12

**Number of Players:** 5+

**Time:** 15-30 minutes

**What you'll need:** Open floor space

## HOW TO PLAY

1. One person is picked to be the detective and leaves the room to count to 20. The other players sit in a circle and decide who the leader will be.
2. The leader starts a movement, for example, clapping hands, tapping shoulders, foot tapping. Everyone in the group follows the movement the leader is doing.
3. The detective comes back into the room, stands in the middle of the circle looking around at the group and tries to identify who the leader is.
4. The leader continues to change the movement when the detective is not looking. The detective has three guesses at who the leader is.
5. The game is done when the detective picks the leader or when they've had three guesses. The leader is the detective the next round.



## OPTIONS

Instead of players being seated, you can try playing the game standing in a circle.