

Zeh Catch

This playful game develops concentration, hand-eye coordination, cooperation skills and memory. The goal is to work together as a group to throw the ball once to each player.

Ages: 8-12

Number of Players: 10+

Time: 15-30 minutes

What you'll need: Open floor space and a ball

HOW TO PLAY



All the players stand in a circle facing each other. One player starts with the ball. The game begins with that player throwing the ball to another player. Without any prompting, popcorn style, the players continue to throw the ball to each other without dropping the ball or throwing it to a player more than once. Players cannot throw the ball to the people standing immediately to their left or right. If the ball drops or a player is thrown the ball more than once, the group begins again. The game is done when all players have caught the ball once.

The smaller the ball the more challenging the game is!



Tip: Keep a lightness around the challenge of throwing each player the ball. Enjoy this as a way to bring the group together. It may take several tries to reach the goal.